



Hawaii Physical Activity and Nutrition Summit
“Good Health: Good Policy”
May 23rd & 24th, 2013

The Hawaii State Department of Health, Tobacco Settlement Project, Healthy Hawaii Initiative is hosting its 3rd **Physical Activity and Nutrition (PAN)** Summit on **Thursday & Friday, May 23rd & 24th, 2013.**

The conference theme **“Good Health: Good Policy”** focuses on the importance of the development and implementation of comprehensive obesity prevention policies for Hawaii. This includes policy relating to both nutrition and physical activity. A comprehensive policy approach to address obesity will help create the population-level changes needed to turn the tide in obesity.

The first day of the conference, Thursday, May 23rd will focus on the conference theme and consist of:

- A presentation from keynote speaker Dr. Maya Rockeymoore, a public policy expert and consultant, noted speaker, author, media commentator, public health advocate, and President and CEO of Global Policy Solutions in Washington, DC.
- A presentation from Kauai Mayor Bernard P. Carvalho, Jr. on envisioning and creating a healthy future for our islands.
- A panel of Hawaii legislators and community leaders who will provide an overview of past, present, and future obesity prevention policy efforts in Hawaii.
- The unveiling and launch of the 2013-2020 Hawaii State Physical Activity and Nutrition (PAN) Plan.
- Working sessions to identify priorities and develop next steps for objectives from the 2013-2020 PAN Plan.
 - Sessions will begin work on the 1st year implementation plan focusing on priorities identified within the five sector areas; worksite, industry & business; community design and access; educational systems; health care systems; and statewide media.
- An evening networking reception

The second day of the conference, Friday, May 24th will consist of:

- Breakout sessions featuring prominent local and national speakers who will describe their approaches to physical activity and nutrition in six thematic areas:
 - Worksite, Industry, & Business
 - Community Design and Access
 - Nutrition
 - Physical Activity
 - Educational Systems
 - Health Care Systems
 - Statewide Media
 - Mixed Plate
- Overview and wrap up of 2013 PAN Summit from Dr. Maya Rockeymoore, keynote speaker

Audience:

This conference is geared towards community agencies, elected officials, advocates, planners, developers, businesses, teachers and administrators, state agencies, city and county agencies, other community groups, and the interested general public.

Conference Objectives:

- Highlight the need for obesity prevention policy in Hawaii at the state and county levels
- Educate and inform participants of local and national trends in nutrition, physical activity, and obesity prevention policy
- Rollout the newly revised Hawaii State Physical Activity and Nutrition Plan 2013-2020
- Initiate work on the year 1 implementation plan for the 2013-2020 PAN Plan
- Present best practices that promote physical activity and nutrition, and prevent chronic diseases through sessions from local and national speakers
- Share data and research regarding physical activity and nutrition
- Provide opportunities for networking

The 2013 Hawaii Physical Activity and Nutrition Summit, Good Health: Good Policy is funded by the Centers for Disease Control and Prevention Cooperative Agreement IU58/DP0014111-01 and the Hawaii State Department of Health, Tobacco Settlement Project, Healthy Hawaii Initiative.

The Healthy Hawaii Initiative is a program of the Department of Health, funded by a portion of Hawaii's tobacco settlement funds, for health promotion and disease prevention programs, promotion of healthy lifestyles (including physical fitness and nutrition and tobacco control), and prevention oriented public health programs.